## **Support and Emergency Contacts**

Emergency				
Organisation	Phone contact	Website / Online - Web chat	Face to face	
Police / Ambulance / Fire  If you are in immediate danger, require an ambulance or there is a fire.	000 Triple Zero	Not applicable	Your nearest police station	
Domestic Violence				
Organisation	Phone contact	Website / Online - Web chat	Face to face	
<ul><li>Police</li><li>If you are in immediate danger.</li></ul>	000 Triple Zero	Not applicable	Your nearest police station	
<ul> <li>Domestic Violence Line</li> <li>Free 24/7 phone and online service.</li> </ul>	1800 656 463 13 14 50 (if requiring Interpreter)	https://www.facs.nsw.gov.au/domestic- violence	Not available	
<ul> <li>1800RESPECT</li> <li>Free 24/7 phone and online service.</li> <li>Australia wide.</li> <li>Offers translating and interpreting.</li> </ul>	1800 737 732	https://www.1800respect.org.au/ Online chat also available	Not available	
MensLine Australia  24/7 phone line  Free phone and online counselling services for men (15 years and older) for men's mental health, relationships, addiction, family violence and anger management issues.  Video chat only for men 18 years and older.  Can refer callers to men's services anywhere in the country.	1300 789 978	https://mensline.org.au/ Online chat, video chat, or callback services also available	Not available	

۱۸/۵	men's Domestic Violence	1000 020 227	https://www.legalaid.nsw.gov.	Operated out of
	urt Advocacy Service	1800 938 227	au/my-problem-is-about/my-	local courts in
•	Provides		family-or-	Sydney and
	information,		relationship/domestic-and-	across NSW
	advocacy and		family-violence/womens-domestic-violence-court-	
	referrals to assist		advocacy-services	
	women and their		davocacy services	
	children who are or			
	have been			
	experiencing			
	domestic and family			
	violence, with their			
	legal, social and			
	welfare needs.			
•	Facilitates access to			
	other professional			
	services as needed.			
W	omen's Legal Service NSW	02 8745 6900	http://www.wlsnsw.org.au	Can discuss legal
•	Current hours:			issues with a solicitor face to
	Manday to Frida:	131 450		face at Women's
	Monday to Friday: 9am – 1pm	(if requiring		Health Centres:
	2pm – 4.30pm	Interpreter)		Blacktown,
	· · · · · · · · · · · · · · · · · · ·			Liverpool and
•	Community legal service	133 677		Penrith.
	that provides free legal	(if hearing		
	services to women across NSW, particularly for	impaired)		
	those who are socially			
	and economically	1800 801 501		
	disadvantaged.	(if located in		
		rural NSW)		
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	kual Assault, Sexual Haras	•		
	cual Assault, Sexual Haras ganisation	Phone	Website / Online - Web chat	Face to face
Org	ganisation	Phone contact	•	
Org Cur	ganisation  mberland Women's Health	Phone	Website / Online - Web chat  www.cwhc.org.au	69 Harris St, Harris
Org Cur	ganisation  mberland Women's Health ntre	Phone contact 02 9689 3044	•	
Org Cur	ganisation  mberland Women's Health	Phone contact 02 9689 3044 Email:	•	69 Harris St, Harris
Org Cur	mberland Women's Health otre Current hours: Monday to Friday	Phone contact 02 9689 3044 Email: adminworker@	•	69 Harris St, Harris
Org Cur	mberland Women's Health otre Current hours:	Phone contact 02 9689 3044 Email:	•	69 Harris St, Harris
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Cur Cer	mberland Women's Health otre Current hours: Monday to Friday 9:00am – 4:30pm.  Service is for women who are experiencing hardship and/or	Phone contact 02 9689 3044 Email: adminworker@	•	69 Harris St, Harris
Cur Cer	mberland Women's Health otre Current hours: Monday to Friday 9:00am – 4:30pm.  Service is for women who are experiencing hardship and/or domestic violence	Phone contact 02 9689 3044 Email: adminworker@	•	69 Harris St, Harris
Cur Cer	mberland Women's Health otre Current hours:  Monday to Friday 9:00am – 4:30pm.  Service is for women who are experiencing hardship and/or domestic violence / sexual	Phone contact 02 9689 3044 Email: adminworker@	•	69 Harris St, Harris
Cur Cer	mberland Women's Health otre Current hours:  Monday to Friday 9:00am – 4:30pm.  Service is for women who are experiencing hardship and/or domestic violence / sexual harassment.	Phone contact 02 9689 3044 Email: adminworker@	•	69 Harris St, Harris
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Cur Cer	mberland Women's Health otre Current hours:  Monday to Friday 9:00am – 4:30pm.  Service is for women who are experiencing hardship and/or domestic violence / sexual harassment. Access to counselling and referrals for crisis support. Also facilitates support / therapy groups	Phone contact 02 9689 3044 Email: adminworker@	•	69 Harris St, Harris Park, NSW 2150
Cur Cer	mberland Women's Health otre Current hours:  Monday to Friday 9:00am – 4:30pm.  Service is for women who are experiencing hardship and/or domestic violence / sexual harassment. Access to counselling and referrals for crisis support. Also facilitates support / therapy groups	Phone contact 02 9689 3044 Email: adminworker@	•	69 Harris St, Harris Park, NSW 2150
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<u>Centre</u>	Jilien s rieditii	02 9601 3555	https://liverpoolwomenshealth.org.au/c	Street, Liverpool
Current h	nours:		ontact-us/	NSW 2170
Monday	to Friday			
9am – 5p				
	etween 1pm –			
5pm.				
• Commun	nity based			
	ng service			
and healt				
Penrith Wom	nen's Health	02 4721 8749	https://www.penrithwomenshealthcent	164 Lethbridge St,
<u>Centre</u>			re.com/	Penrith NSW 2750
<ul> <li>Current h</li> </ul>	nours:	Email:		
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Provides	health			
	that address all			
	of women's			
lives.				
Alcohol, Dru	ıgs, Personal Cri	sis And Suicidal	Thoughts	
Organisation	n	Phone	Website / Online - Web chat	Face to face
		contact		
Alcoholics An	onymous NSW	1300 222 222	https://aa.org.au/	Call phone line
• 24/7 pho		1000 111 111		to be put in
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	women to			local AA
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	ntal Health Access Line	1800 011 511	https://www.health.nsw.gov.au/mental	Not available
•	24/7 phone service.		health/pages/mental-health-line.aspx	
•	Connection and referral services.			
		1300 555 727		
•	Staffed by mental	(if hearing		
	health professionals.	impaired)		
		131 450 (if		
		requiring		
		Interpreter)		
	and block			
<u>Bey</u>	ond-blue 24/7 phone service.	1300 22 4636	https://www.beyondblue.org.au/	Not available
	Provides information			
•	and support to help		Webchat available 24/7	
	everyone in Australia			
	achieve their best			
	possible mental health,			
	whatever their age and			
Suid	wherever they live. cide Call Back Service	1300 659 467	https://www.suicidecallbackservice.org.	Not available
•	24/7 phone service.	1300 039 407	au/	INUL AVAIIADIE
	Phone and online		<u> </u>	
	counselling for people at		Webchat and video chat available 24/7	
	risk of suicide, people		vesseriat and video chat available 24/7	
	caring for someone who is			
	suicidal, or people			
	bereaved by suicide.			
	nder And Sexual Identity		_	
		Dhono	Makaita / Oplina Makakakat	Face to face
Org	ganisation	Phone	Website / Online - Web chat	race to face
		contact		
	i - Discrimination Board		https://antidiscrimination.nsw.gov.au/	Not available
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Ant •  Aus Cor •  ACC •	i - Discrimination Board  Phone enquiry service available Monday – Friday 9am – 4pm  Administers the anti- discrimination laws of NSW under the Anti- Discrimination Act of 1977.  tralian Human Rights mission Phone enquiry service available Monday to Friday, 9am – 5pm. Independent third party which investigates complaints about discrimination and human right breaches.  DN Current hours: Monday – Friday, 9am – 6pm.  Community health, inclusion and HIV	1800 670 812  131 450 (if Interpreter required)  1 300 369 711  02 9206 2000  1800 063 060  Email:	https://antidiscrimination.nsw.gov.au/  https://humanrights.gov.au/	Not available  Not available  414 Elizabeth St, Surry Hills NSW 2010  (Face to face or
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	sexualities and			
	genders.			
•	Health centres also			
	available in Northern Rivers, Hunter and			
	Southern and Far West			
	regions.			
	. 68.6			
Leg	gal Advice & Others			
Org	ganisation	Phone	Website / Online - Web chat	Face to face
		contact		
	lfern Legal Centre	02 9698 7277	https://rlc.org.au/our-	73 Pitt Street,
	ernational Student Service		services/international-students	Redfern NSW 2016
•	Opening hours:			N3W 2016
	Monday to Thursday:			
	10am - 12.30pm, 2pm-			
	4pm			
	Eriday: 10am 12 20nm			
	Friday: 10am-12.30pm			
•	Free and confidential			
	legal advice for students			
	anywhere in NSW.			
•	Advice on housing, fines, debts, car accidents,			
	employment,			
	discrimination, family			
	law			
	and domestic violence.			
Inn	er City Legal Centre (ICLC)	02 9332 1966	http://www.iclc.org.au/	Basement Level,
•	Current hours:	02 3332 1300	Tittp://www.icic.org.au/	Kings Cross Library,
		1800 244 481		Neighbourhood
	Monday, Thursday			Centre 50-52 Darlinghurst
	and Friday: 9am –	Text:		Road, Kings Cross
	5pm	0466 724 979		NSW 2011
	Tuesday and			
	Wednesday: 9am –			
	8pm			
	Initial legal advice is			
	given by appointment			
	only on Tuesday and Wednesday nights.			
	Wednesday mgms.			
•	Advice on issues of			
	employment, family law,			
	transgender and			
	sexuality, court support and migrant services.			
NSI	W Poisons Information	13 11 26	https://www.poisonsinfo.nsw.go	Not available
	ntre	13 11 20	<u>v.au/</u>	IVOC GVAIIADIC
	<del></del>			
•	Free 24/7 phone and			
	online service.			
Kid	s Helpline	1800 551 800	https://kidshelpline.com.au/	Not available
•	24/7 phone and online		Online chat also available	
	counselling service.		Ominie Chat also available	
•	For under 25 years of			
	age to assist with family issues and life issues.			
	issues and me issues.			
			•	